

# NO ORDINARY SHIFT

pause, breathe, & remember who you are

12-13 MAY 2026

## PROGRAMME





# NO ORDINARY SHIFT

pause, breathe, & remember who you are

Emergency care can feel relentless right now, it's easy to focus on all that's wrong, and forget the difference you make to peoples lives, day in day out. That difference should not cost you your peace, wellbeing, or sense of self. Together, we'll look at the big stuff, celebrate the good, and consider how you look after yourself.

For two brilliant days we will gather to learn, to laugh, and to share our stories.

**Being with people who 'get you', who understand the pressure and the passion, is powerful medicine.**

This emergency care conference is establishing itself as a go to event for people across emergency care in the UK.

Each event has seen around 100 nurses, AHPs, doctors and paramedics get together to share wins, challenges and some of the great work happening across emergency care.

Previous attendees consistently said that they most valued connection, space and the chance to re-energise with others who 'got' what they'd experienced.

They loved the mix of clinical, leadership and wellbeing talks, regular opportunities to mix and network and the fast pace of papers, and of course the conference dinner and celebrations.

The conference is hosted by Professor Lynda Holt and Professor Brian Dolan OBE, both former ED nurses, and Directors of the Braver Group.

The programme is created from the things you most want to hear about, the great work you most want to share and the commitment to keep making it better for each other and those we care for.

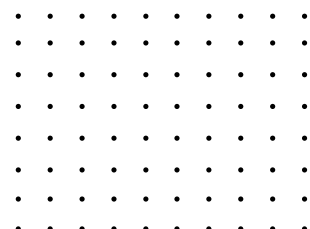
The conference programme is a mix of invited emergency care experts and the best picks from a wide call for papers.

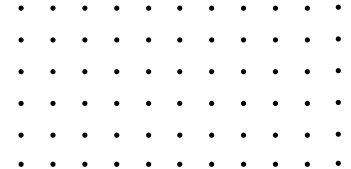
Expect an eclectic mix of speakers and sessions from practical 'how to', to high level strategy, people talking about what's worked for them and cutting edge evidence for improving patient care.

Enjoy this rare gift of time and space to decompress, to be seen, and to recharge a little.

Find out more:

[https://www.healthservice360.co.uk/ecc\\_26/](https://www.healthservice360.co.uk/ecc_26/)





## Day One - 12th May

Registration from 8.45am

09.45	Opening Address	Prof Lynda Holt
10.10	Saving Lives Shouldn't Cost Yours: Breaking Free from Shame, Burnout and the Pressure of Perfection	Claire Goodwin-Fee
10.35	Why Civility Matters In A Complex World	Chris Turner
11.00	<b>COFFEE</b>	
11.30	Violence in ED Case Studies: Prevent and Respond to Violent or Aggressive Behaviour After Incident Action Round Table Conversation	Curated by Lynda Holt  Emma Tippins Nicola Denbow
12.20	Reflection and Move	Kyna Richardson
12.35	Standardising Acuity	Cliff Evans
13.00	<b>LUNCH</b>	

Concurrent Streams - pick a stream or hop between individual sessions

	Looking After Yourself & Your Team	Clinical	Professional Growth
14.00	Remember Who You Are Prof Lynda Holt	Strengthening Collaboration Across ED, UTC, and AMU SDEC Athanasia Kountourgioti	Employment Tribunals: Expectations, Reality, and What I Wish I'd Known Judith Morgan
14.30	The Quiet Ones Are Holding The Line - the value of the introvert in your team Dr Sasha Hvidsten	Reducing Deconditioning Across Emergency Care Prof Brian Dolan OBE (55 min session)	When Ordinary Ends Debra Paisley-Bright & Donna Pugh
15.00	Looking After Yourself and Your Team - interactive panel discussion Claire Goodwin Fee Dr Sasha Hvidsten Prof Lynda Holt Kyna Richardson	Reducing Deconditioning Across Emergency Care (Cont)	Closing the Loop - What PSIRF Means for Safety in the Emergency Department Sarah Brown

**GET TICKETS**

## Day One - 12th May - cont



15.25	<b>TEA</b>	
16.05	From Shock to Support: A Framework for Delivering Life-Changing News in Emergency Settings	Bryony Thomas
16.30	Celebrating International Nurses Day ED Nursing / Community / Professional development	RCN / FEN / International
		

## Day Two - 13th May

09.15	Chair's Opening Address	Prof Brian Dolan OBE
09.35	Sharing Best Practice Across Emergency Care	Tim Gillatt
10.00	Corridor care – No waits!?	James Hill
10.20	Corridor Care Curated Discussion / Q&A	Chair - Brian Dolan
10.50	<b>COFFEE</b>	
<b>GROUP 4</b>	<b>Workshop Block - Choose one</b>	
11.20	Physical Empowerment (mind, body & soul)	Philippa Martin
11.20	Informal networking session making space for you to build connections and hone connection skills.	Host: Prof Brian Dolan OBE
<b>GROUP 5</b>	<b>Concurrent Sessions - choose one per group</b>	
12.20	Owning your ED - Leading local change Case Study - Reducing Non Urgent Medication Case Study - Reduce ambulance handover time for patients suitable for Fit to Sit Creating Ownership - discussion	Peris Gachanja Kuldip Feist Lynda Holt
12.20	Opportunities Volunteering in Zambia - Building Resilience	Angela Harris & Estella Kalyata

## Day Two - 13th May - cont



12.45	<b>LUNCH</b>	
13.45	From advanced to consultant practice - lessons learnt and next steps	Prof Robert Crouch OBE
14.10	FRAGILE- handle with care - Newly qualified nurses in the ED	Sandra Roberts
14.25	Looking Forward Leadership and workforce round table conversation	curated by Lynda Holt
15.00	<b>TEA</b>	
15.25	Nobody Puts Baby in the Coroner	Nathan Griffiths
15.50	There has been a crash - Police Collision Investigation	Bruce Armstrong OBE
16.15	Chair's Closing	Prof Brian Dolan OBE
16.30	Conference close	

The timings in this programme may be subject to change



### Contact:



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The conference is being held at  
The Welcombe Hotel,  
Warwick Rd, Stratford upon Avon, CV37 0NR

Delegate registration from 08.45, 12<sup>th</sup> May

**GET TICKETS**